

theWI Powys-Montgomery



NEWSLETTER SEPTEMBER 2025

FEDERATION CHAIRMAN'S MESSAGE *Ruth Hesketh, Castle Caereinion WI.*

Hello Everyone!

I hope you have all been able to take advantage of the glorious (if sometimes too hot!) weather this summer.

Congratulations to Forden WI, on achieving fourth place in the Rose Bowl Co-operative display and highly commended for the Brecon Cup Floral Art Competition at The RWAS in July.

As usual, there are lots of upcoming events. On the weekend of 6th & 7th Sept. Newtown Food Festival, Coffee/tea and cakes stall manned by Newtown WI with PMF Trustees, please come and support this event – and say hello! Croquet on 13th Sept at Carmel Caravan Park, Cefn Coch – please contact the office for late entries. And don't forget your entries the Short Mat Bowls on 11th Oct at Aberhafesp.

New this year from the Arts and Entertainment Committee. Are you a super sleuth? A Miss Marple or Jessica Fletcher? All will be revealed - join us on 24th Oct in Abermule. I look forward to seeing you at these events.

Best wishes/Cofion gorau, *Ruth*



PMFWI QUIZ

Fri 3rd Oct.

**The Monty Club,
Newtown**

7pm for 7.30 pm start.

£2 per person,

Teams max. of 4 can be made

up on the night,

non-members welcome.

Booking by 19th Sept.

Murder Mystery !!

Abermule Community Centre.

Friday 24th October.

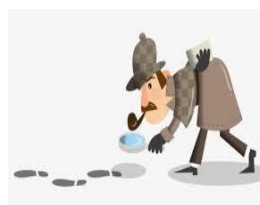
Doors open 7 for 7.30pm start.

Who 'Signed, Sealed and De-Livered!' Penny Black?

Enjoy 80's music, solve the clues, maybe win a prize.

Tickets £5.00 each, Non-members welcome.

Bar available & nibbles provided. More details page 3.



*Meet us online
the 4th Wednesday of
the month at 7pm*

email
pmfwi@yahoo.co.uk
or
message for log on
details and
membership

**Severn Sisters
Virtual WI**



WELCOME TO CHRISTMAS

**Sat 22nd Nov 10a.m – 3.30p.m
at Abermule Community Centre**



Join us for a day of hands-on demonstrations

Christmas Flowers with Serendipity

Crafting with Abi McCullough

Cocktails and Mocktails with Lisa Hamer

Health and Beauty – TBC

Cost for the day £20. Includes Coffee,
2 course lunch & tea mince pies to finish.

Places are limited to 80, please book early.

FEDERATION TREASURER: Lisa Hamer.

2025/2026 Membership Fee Please submit renewal fees as and when received, ensuring the MCS is updated. Pro Rata for New Members joining 1st July –30th Sept. is £38.25.

Breakdown WI's retain £18.82 NFWI £ 10.39, PMFWI £9.04.

N.B. No pro-rata rate for Multi WI Members pay the second WI £25.10 / flexibility sum applied by the WI and is retained by that WI.

100 CLUB for 2025: Congratulations of the winners drawn at The Treasure Hunt 30th July :-

1st No.104 Simon Beesley, Castle Caereinion.

2nd No 90 Mal Oliver, Forden.

3rd No. 112 Lisa Hamer, Newtown.

MEMBERSHIP COMMITTEE. Chair Janet Hughes.

NFWI Wales recruitment survey of members aged 50–60. The aim is to learn more about this demographic, so we can better target and engage with them, ultimately increasing membership within this age group. Your help would be appreciated by completing this survey via the link below. The survey closes 30th Oct. <https://7py8sd9yda3.typeform.com/to/F7Gd6xIS>

The **Walking Treasure Hunt** on 20th July was a great success, with 71 people taking part on a fine summer evening. The final scores were very close, but “Clueless” from Guilsfield WI came out on top. Thanks to Tregynon WI for setting the clues, marking the answer sheets and providing a delicious supper afterwards.

Federation Quiz on Friday 3rd Oct. 7.00 for 7.30pm at the Monty Club, Newtown. Test your trivia knowledge and enjoy a fun social evening! Entry Fee £2 per person Teams of 4 max, can be made up on the night. Please book by 19th Sept.

Date for your diaries **CAROL SERVICE** Thurs 27th Nov at Groeslwyd Chapel, Guilsfield.

COMMUNITIES & CAMPAIGNS NEWS:

CAMPAIGN TO END VIOLENCE AGAINST WOMEN. Would you be interested in taking action in your WI and community to help end violence against women and girls (VAWG)? Sign up to attend a training day in Llandudno Junction on 11th Sept from 10am until 4pm. An opportunity to find out more and hear from experts working in the violence against women sector and about campaigns engaging men and boys in violence prevention.

The training day aims to support WI Champions to lead action in their WI and community to raise awareness of VAWG and recruit and empower ambassadors to become allies in the prevention and elimination of VAWG. **If you are interested in attending the training, we may be able to arrange car share. Alternatively assisting locally with this campaign, please contact the Federation Office.**

Register your interest in attending the training day, with Sarah Thomas by emailing

s.thomas@nfwl-wales.org.uk

Further information is also available on My WI:

<https://mywi.thewi.org.uk/wales/nfwl-wales-news/become-a-not-in-my-name-champion>

NFWI Wales 2025 Not in my Name Competition ‘Create a Banner’ depicting the Not in my Name campaign to end violence against women. Established in 2012, aims to raise awareness and involves WIs recruiting male ambassadors from their communities to make the White Ribbon promise to never use, excuse or remain silent about men’s violence against women. Competition guidelines, also available on My WI/The Office. Closing date 3rd Nov.

<https://mywi.thewi.org.uk/wales/nfwl-wales-news/2025-not-in-my-name-competition>

ACT NOW, CHANGE FOREVER Climate Cymru is encouraging us to lobby our Senedd members. Join the mass climate lobby in Cardiff on 17th Sept (email Office for details) or write to our MS to demand a healthier, fairer, safer Wales – where:

🌸 No one is left behind: Warm homes, community energy, a truly just transition.

💰 Funding reaches the front line: Investment for flood defences, food security, and local ideas.

🌿 Nature thrives & communities flourish: Restored nature, flood-slowing wetlands, cooling woodlands, and strong rural communities.

LIFESTYLE COMMITTEE – Chair Margaret Jones.

WELCOME TO CHRISTMAS Sat 22nd Nov in Abermule. See Front page for details.

ROYAL WELSH WINTER FAIR 24th & 25th Nov. NFWI Wales Competitions :-

Craft - A Fiddle Mat, Produce - An 8oz jar of Chilli Jam presented as a gift.

Contact the Office for entry details.

ARTS & ENTERTAINMENT - Chair Chris Lewis.

MURDER MYSTERY? Fri 24th Oct at Abermule Comm. Centre.

Doors open 7 for 7.30pm start. “Live Aid day” 1985 at the village post office

Who ‘Signed, Sealed and De-Livered!’ Penny Black? Engage your inner Poirot,

use your little grey cells to try and work out who committed the murder, **dah! Dah! Dah!**



Enjoy some 80's music, solve the clues and possibly win a prize. Tickets £5.00 each,

Non-members welcome. Bar available & nibbles (crisps etc) will be provided.

N.B. we are limited as to how many we can seat, so book early to ensure your place.

Booking on the enc. booking form, tickets in Oct mailing/collected on the door.

Date for your diaries **BINGO Tues 18th November** at the Monty Club.

Turkey and Tinsel 1st – 5th Dec. 2025 to Bognor Regis. Join us on our Annual, friends & husbands all welcome. Book early to avoid disappointment.

Please call Owen's Travelmaster 01691 652126 to reserve your place. A deposit of £50.00 will be required at the time of booking, the remaining balance no later than the 1st October.

NFWI RAFFLE - Tickets only £1 available from your Secretary NOW!

Don't miss out on the chance to win:- First Prize £10,000, 2nd Prize Cruise for two.

3rd Prize Kitchen Aid Cordless Hand Mixer and Blender. 4th Prize Deluxe Heated Airer.

Other Prizes :- Top Price Theatre Tickets for Two, M2605 Singer Sewing Machine, Martha Hill Beauty Hamper and more.

Return your ticket stubs and payment to NFWI before 19th Sept, 2025.

SPORTS AND LEISURE Chair Pam Adcock.

Outdoor bowls Congratulations to our winners, Jean & Joyce, Aberhafesp, 2nd Jane W & Jane H, Abermule, 3rd Steph & Fiona, Aberhafesp, 4th Doreen & Liz Aberhafesp. Many thanks to all who took part and made it such an enjoyable day, Carno Bowling Club for the use of the green and Aberhafesp WI for the excellent refreshments.

CROQUET Sat 13th Sept, Croquet at Carmel Caravan Park. Cefn Coch, SY21 OAJ.



Once again by kind permission of the Robinson and Jones families.

Reminder - Registration by 9.30 am, prompt start 10am.

Please bring own refreshments (and chair if possible) Spectators welcome, as it's always a good day, fingers crossed for fine weather.

SHORT MAT BOWLS Sat 11th Oct at Aberhafesp Community Centre, Registration from 9.30am for prompt start at 10am. Entry fee £8.00 per pair, refreshments available. Booking form enc. to be returned by **Fri 26th Sept**.



KURLING Sat 1st Nov at Forden Community Centre, Registration from 9.00am for prompt start at 9.30am. Entry fee £8.00 per pair, refreshments available, please bring your own lunch. Booking form enclosed, to be returned by **Fri 24th Oct**.

DOMINOES Team of five players, games played home and away. Venue of choice. Please return enc. booking form to the office by **Fri 26th Sept**.



Sonya Cheetham-Costello 'Yogaish' classes are a mixture of Mindful Yoga, Pilates and Qi Gong. The combination she has been practising for some years having started with Yoga, moved on to Pilates and taken up Qi Gong along the way. All of the elements of Yogaish combine in a one hour session to allow the individual to relax the mind whilst focusing on the bodily movements, restoring balance to the mind-body connection, in a supportive and positive setting. Fee £40, No travel costs within the Montgomeryshire. To contact email scheethamcostello@hotmail.co.uk

Please Note the Federation E-Mail will be changing to pmfwi@yahoo.co.uk
The existing E-Mail info@pmfwi.org.uk will be live until the end of 2025.

October Newsletter Printing / Mailing / Ready for collection Date: 24th September.

DATES FOR YOUR DIARY:

25th Sept Severn Sisters VWI.

11th Oct Short Mat Bowls, Aberhafesp.

1st Nov Kurling, Forden.

22nd Nov Welcome to Christmas.

13th Sept Croquet Comp. Cefn Coch.

3rd Oct Quiz, The Monty Club, Newtown.

24th Oct Murder Mystery, Abermule.

18th Nov Bingo, Monty Cub, Newtown.

27th Nov Carol Service, Guilsfield.

Attachments / Enclosures :- Combined Booking Form. Poster for Murder Mystery Evening.

Abermule Community Centre, Abermule, Powys. SY15 6ND

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